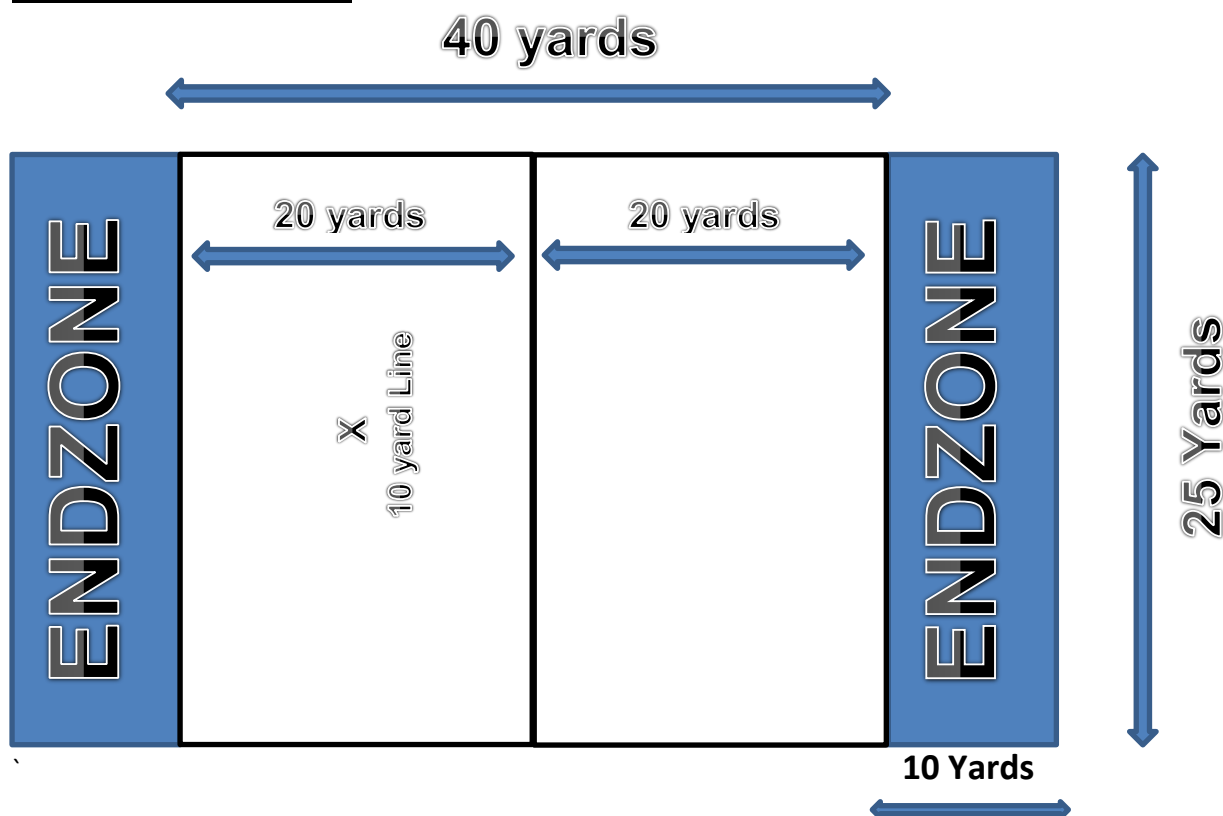


BLOOMSBURG UNIVERSITY

4V4 INTRAMURAL FLAG FOOTBALL RULES AND REGULATIONS

Field Dimensions



Game Play Modifications (All Bloomsburg Intramural Rules & Regulations still apply)

- Offensive team will have 3 consecutive downs to advance to ball to the next zone.
- The offensive team must have at least two players on their scrimmage line at the snap.
- There must be a legal forward pass each down. The receiver must touch the ball beyond Team A's scrimmage line. No player may carry the ball across the line of scrimmage.
- Quarterback has 7 seconds to release ball on a forward pass. Penalty is loss of down.
- A team may go for one point from the three-yard line, two points from the ten-yard line.

